

WHSG009

## Impairment at Work



### WHSG009 Impairment at Work

Australian Work Health & Safety legislation places safety obligations on persons at work, which means we all have a duty of care for the safety of ourselves and others in the workplace. Health and safety can be adversely effected by working when impaired.

We often think of impairment as a result of substance use or dependence upon alcohol or drugs, however, impairment can be the result of our work environment, or various situations, including many that are temporary or short term. Issues that may distract a person from focusing on their tasks include those that are related to family or relationship problems, fatigue (mental or physical) traumatic shock or medical conditions or even treatments.

Workplace policies should be implemented to address these issues and to provide clear direction for actions to be taken when impairment is likely to impact upon health and safety at work.

This 2 Hour Course is a Duty of Care short course designed to meet WHS Obligations for training and covers the following topics:

- Legislation and Fitness for Work
- Statistics related to injuries and impairment at work
- Workplace Policies for Impairment
- Mental Health
- Fatigue
- Effects of Chemicals, Heat, Cold, Noise
- Effects of Drugs and Alcohol in the Workplace
- Alcohol - Standard Drinks
- Drug and Alcohol Testing
- Where to get help

The course is delivered face to face at our venue or yours, by a qualified trainer who holds nationally accredited qualifications in workplace drug and alcohol testing.

Cost per person is \$88.00 including gst, participants will be issued with a Statement of Attendance and a durable plastic wallet card upon completion.

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SEE REVERSE FOR COURSE SCHEDULE:

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# COURSE SCHEDULE: 2018

## **AUGUST 2018**

Time: 09:00 — 11:00

Venue: 3/38 Essington Street Mitchell ACT

Dates: 28 AUG 18

## **SEPTEMBER 2018**

Time: 09:00 — 11:00

Venue: 3/38 Essington Street Mitchell ACT

Dates: 04 SEP 18 11 SEP 18 18 SEP 18 25 SEP 18

## **OCTOBER 2018**

Time: 09:00 — 11:00

Venue: 3/38 Essington Street Mitchell ACT

Dates: 09 OCT 18 16 OCT 18 23 OCT 18 30 OCT 18

## **NOVEMBER 2018**

Time: 09:00 — 11:00

Venue: 3/38 Essington Street Mitchell ACT

Dates: 06 NOV 18 13 NOV 18 20 NOV 18 27 NOV 18

## **DECEMBER 2018**

Time: 09:00 — 11:00

Venue: 3/38 Essington Street Mitchell ACT

Dates: 04 DEC 18 11 DEC 18 18 DEC 18